SPA, YOGA, AND WELLBEING

| SEASONAL OFFERINGS | | |
|---|-------------|------------------------|
| BALINESE HEALING RITUAL | IDR 1,500++ | IDR 2,9ml++ per couple |
| BALINESE BLESSING CEREMONY | IDR 1,700++ | IDR 3ml++ per couple |
| SPA & DINE | | IDR 4,500++ per couple |
| NOVALLED DITTALLED | | |
| island rituals | | |
| DETOX BY THE SEA | 120 minutes | IDR 1,500++ |
| TROPICAL JOURNEY | 120 minutes | IDR 1,500++ |
| ISLAND ESCAPE | 120 minutes | IDR 1,500++ |
| SIESTA TIME | 120 minutes | IDR 1,500++ |
| | | |
| BALINESE WELLNESS | | |
| SACRED BALINESE MASSAGE | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| BALINESE MASSAGE + WARM HERBAL COMPRESS | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| BALINESE MASSAGE + WARM RIVER STONES | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| BALINESE MASSAGE + HEALING JADE STONES | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| BALINESE MASSAGE + WARM SEA SALT COMPRESS | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| BALINESE MASSAGE + FACIAL MASSAGE | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| | | |
| massage & bodywork | | |
| KARMA SURRENDER | 45 minutes | IDR 750++ |
| BE IN THE MOMENT - BESPOKE | 60 minutes | IDR 1,150++ |
| KARMA RHYTHM MASSAGE | 75 minutes | IDR 1,150++ |
| | 90 minutes | IDR 1,250++ |
| DEEP TISSUE RELEASE | 90 minutes | IDR 1,250++ |
| LAZY YOGI MOVEMENT MASSAGE | 90 minutes | IDR 1,150++ |
| | | |
| DETOX & CLEANSE | | |
| DETOX, SALT SEA & OIL EXPERIENCE | 2.5 hours | IDR 1,900++ |
| INFRARED DETOX SAUNA | 60 minutes | IDR 550++ (1-2 pax) |
| | | |



Price are listed in '000' Indonesian Rupiah and subject to 10% service charge & 11% government tax

SPA, YOGA, AND WELLBEING

WELLNESS DAY PROGRAMS

YOGA + SPA

BEAUTY + ANTI-AGING

YOGA + CLEANSE

IDR 5.5ml++ per couple

IDR 4.5ml++ per couple

IDR 4.5ml++ per couple

IDR 5.5ml++ per couple

KARMA FACIAL BAR

KARMA YOGA FACIAL60 minutesIDR 750++KARMA HOLISTIC FACIAL90 minutesIDR 950++NEW YORK FACIAL120 minutesIDR 1,450++REJUVENATE OXYGEN FACIAL60 minutesIDR 850++EXPRESS OXYGEN FACIAL30 minutesIDR 750++

SKIN BOOSTERS

MICRO-EXFOLIATION60 minutesIDR 650++LED LIGHT THERAPY30 minutesIDR 550++GOLD COLLAGEN MASK30 minutesIDR 450++

KARMA MAN

DEEP CALM MENS FACIAL 90 minutes IDR 950++

GROOMED FOR SUCESS - MENS MAN! + PED! 60 minutes IDR 550++ combined

MENS RETREAT 2.5 hours IDR 1,900++

HANDS & FEET

REFLEXOLOGY RECHARGE 60 minutes IDR 950++
SHELLAC - MANI OR PEDI 60 minutes IDR 650++
SALTY GLOW MANI OR PEDI 60 minutes IDR 500++
EXPRESS MANI OR PEDI 45 minutes IDR 400++

OCEAN 'SEGARA' SPA

OCEAN HEALING JOURNEY
2.5 hours IDR 2,350++ per couple
SPA SAFARI + MEDITERRANEAN LUNCH
3 hours IDR 4,500++ per couple

YOGA BALE - SCHEDULED CLASSES

KARMA YOGA (Complimentary Wednesday & Sunday 8-9 am)

TAI CHI IDR 500++ per couple

BALINESE MEDITATION IDR 500++ per couple

PRIVATE YOGA SESSIONS IDR 750,000++ (1-2 pax)



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