

COCONUT BLESSING

We treat you to a nourishing coconut body scrub followed by a warm coconut full body massage.

Divine relaxation.
90-minutes IDR 900++

DAY SPA RETREATS

2-DAY REST + RECOVERY

Day 1 - 90-minute Karma Rhythm Massage
Day 2 - 90-minute Balinese + Herbal Compress
IDR 1,600++

3-DAY YOGA JOURNEY

Day 1 - 90-minute Karma Rhythm Massage
Day 2 - 45-minute Karma Yoga Facial
Day 3 - 75-minute Reflexology Recharge
IDR 1,200++

3-DAY WEEKEND WARRIOR

Day 1 - 75-minute Karma Rhythm Massage
Day 2 - 2.5 hour Sea 'Detox' Ritual
Day 3 - 90-minute Holistic Facial
IDR 2,200++

4 DAY - BALINESE JOURNEY

Day 1 - 60 minutes Balinese Coffee and Cocoa Scrub
Day 2 - 75-minute Balinese Massage + Herbal Compress
Day 3 - 75-minutes Sacred Balinese Massage
Day 4 - 90-minute Balinese + Warm Stones
IDR 2,700++

HIGH VIBRATIONS

KARMA YOGA FLOW

We invite you to join us for our weekly Karma yoga by the pool - complimentary for in-house guests.

IDR 150,000++ for outside guests.
Includes Jamu Wellness Tonic.

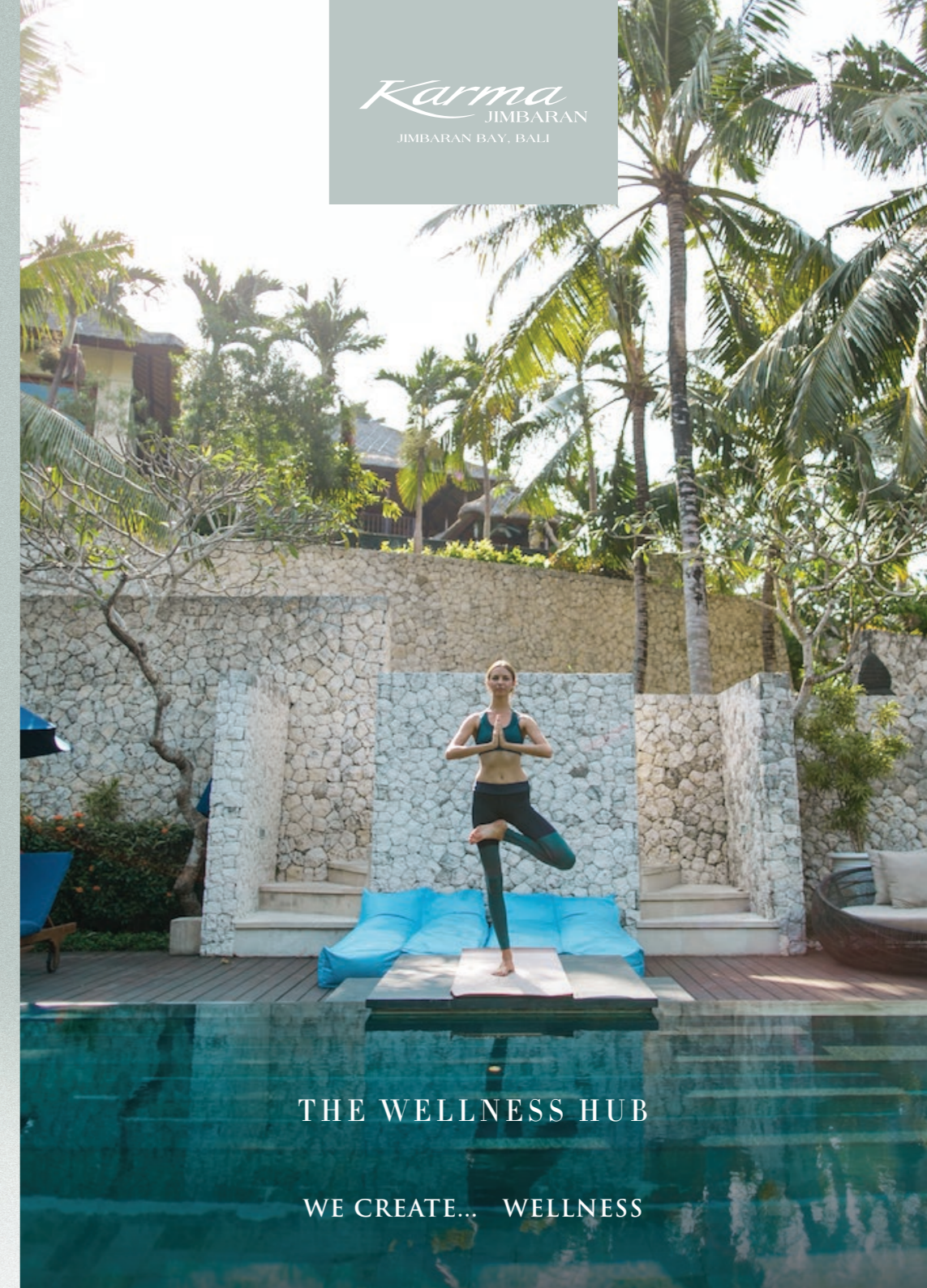
We can also arrange private yoga sessions, Tai Chi, Muay Thai Boxing, Beach Boot Camp and other fitness sessions.

KARMA WELLNESS HUB @ KARMA JIMBARAN

Jalan Bukit Permai, Jimbaran Bay, Bali 80362, Indonesia
T : +62 361 708 800 | E : neliwine@karmajimbaran.com

KARMAGROUP.COM

Karma
JIMBARAN
JIMBARAN BAY, BALI



THE WELLNESS HUB

WE CREATE... WELLNESS

MASSAGE & BODYWORK

Unwind in style

60 MINUTES - IDR 750++ | 75 MINUTES - IDR 850++ | 90 MINUTES - IDR 900++

KARMA RHYTHM

Feeling stressed or fatigued? Our award-winning signature massage is loaded with extra neck, shoulder and lower back focus. Devised by a renowned TCM practitioner. Feel all your stress melt away.

KARMA SURRENDER

We'll knead away hard knots and aches in your neck and shoulder area using local warm coconut oil. Includes a warm compress application. Will leave you feeling relaxed and tension-free. 45-minutes - 600++

DEEP TISSUE RECHARGE

When you live an active lifestyle and need a stronger massage on tight areas of the body. Helps to increase flexibility and range of motion.

BE IN THE MOMENT

Every day is different. Everybody is unique.? This personalised massage is tailored to specific regions of the body. The session time, naturally, is also flexible.

BALINESE WELLNESS

Time-honoured rituals delivered with homegrown oils, healing stones and herbal poultices

60 MINUTES - IDR 750++ | 75 MINUTES - IDR 850++ | 90 MINUTES - IDR 900++

SACRED BALINESE

We blend traditional massage techniques with gentle stretches and soothing strokes. Delivered with warm coconut oil to nourish and nurture your skin.

BALINESE HERBAL

We enhance your massage with warm herbal compresses to soothe muscle aches and pains, boost circulation and reduce inflammation, Recommended for jet lag, fatigue and computer tension.

BALINESE RIVER STONES

Warm river stones flow along your body to melt away any tension. Recommended for chronic stress, jetlag and fatigue.

BALINESE + FACIAL MASSAGE

Combines massage, facial, and gentle acupressure to nourish and nurture the skin and mind. Deeply restorative. Depart glowing.

COUPLES RITUALS

ROMANTIC SPA & DINE

Your romantic journey begins with a 90-minute couples massage followed by a candle-lit dinner. Our chefs indulge you with a a three-course romatntic candle-lit dinner with a shared dessert platter and bottle of wine - divine! IDR 2,500++ per couple

COUPLES BLESSING CEREMONY

A once-in-a-lifetime experience only in Bali. Your ritual beings with a 90-minute *Sacred Balinese Massage* after which you are escorted to our temple to receive a priest holy water blessing - feel cleansed and renewed. Includes tea & refreshments. IDR 2,400++ per couple

LOCAL RITUALS

We use local salts, herbs and oils.

120 MINUTES - IDR 1,250++ | IDR 2,250++ per couple

ISLAND JOURNEY

A refreshing journey to leave you feeling recharged and relaxed.

Warm Sea Salt Body Scrub + Sacred Balinese Massage + Hydration Facial + Young Coconut Water

ISLAND BEAUTY

A relaxing journey to leave you fresh, hydrated and glowing.

Warm Oil Coconut Massage + Karma Yoga Facial with Gold Collagen Mask + Pedicure + Young Coconut Water

ISLAND DETOX

A detoxifying journey to leave you feeling fresh, cleansed and invigorated.

Warm Sea Salt Body Scrub + Marine Body Wrap + Head & Scalp Massage + Hydration Facial + Young Coconut Water

ISLAND NURTURE

A restorative ritual to help you unwind and leave you calm and rested.

Foot Reflexology + Sacred Balinese Massage + Karma Yoga Facial + Young Coconut Water

GROOM AND GLOW

Let your inner light shine

KARMA BESPOKE FACIAL

We curate specialised facials tailored to your skin type. Includes a *Karma Surrender* neck and shoulder release and sublime facial massage to lift and tone your facial muscles.

60 MINUTES - IDR 650++

KARMA YOGA FACIAL

This beautifully slow facial treatment will nourish your skin while slowing down a busy mind. Delivered with high-c Pomegranate facial oil.

45 MINUTES - IDR 450++

MAN ABOUT TOWN

Combines facial with a neck and shoulder massage. Cleanse the skin and chill out, we've got this.

60 MINUTES - IDR 550++

TEENS NATURAL FACIAL


Ideal for younger skin types, our Natural Facial includes a gentle cleanse, facial exfoliation and mask, followed by an uber-relaxing foot massage to leave the skin silky-smooth. *For ages 12 onwards.

45 MINUTES - IDR 450++

Located in 10 countries and 30 destinations, Karma Spas are simple sanctuaries where you can slow down, breathe and be at ease. We offer local rituals, Balinese treatments, and results-oriented therapies. Our team of treatment specialists know how to set you at ease. Enjoy!

Be You. Be Free.

 karmaspas

 karmaspas

#experiencekarma