



## ABOUT SEGARA, A KARMA SPA

Welcome to Segara, a Karma Spa. Set into the rugged limestone cliffs along the sandy shores of Karma Beach, Segara offers restorative and relaxing spa and wellness treatments from dawn 'til dusk.

A few steps away, our newly opened seaside Yoga Bale hosts complimentary yoga and sunrise Tai Chi classes every week. As part of Karma's 7-day a week commitment to providing our guests with fit and healthy activities, you may also book private Muay Thai, TRIX, Pilates, Yoga and meditation sessions with our friendly staff.

# SEGARA 'PAGI' SIGNATURE OFFERINGS

## **SUNRISE SEGARA**

A 1-hour private yoga or meditation session in our seaside Yoga Bale, optional facial hydration, scrubs and facials. Concludes with a sublime superfood breakfast and free-flow coconut water, juices and herbal teas overlooking the water.

3 HOURS - v IDR 2,500++ | IDR 4,500++ per couple

## **SEGARA SAFARI**

Choose from unlimited spa therapies then drift away on a sea of relaxation. Our spa team will cocreate a spa journey just for you and recommend organic ingredients including warm coconut oil, pure aloe vera, nourishing facial oils, algae body wraps and east coast Balinese sea salt scrubs.

Includes a Mediterranean or wellness lunch.

2.5 HOURS

IDR 2,250++ per person | IDR 4,150++ per couple

3 HOURS

IDR 2,500++ per person | IDR 4,500++ per couple

4 HOURS

IDR 3.000++ per person | IDR 5,800++ per couple

# SEGARA 'SIANG' AND 'SORE' ALL DAY TREATMENTS

## **DRIFT AWAY**

Unlock shoulder tension and ease into your holiday.  
45 MINUTES - IDR 750++ | IDR 1,350++ per couple

## **SALTY GLOW**

Warm sea salt scrub + coconut oil massage. Divine relaxation.  
90 MINUTES - IDR 950++ | IDR 1,650++ per couple

## **BALINESE BLESSING**

Begins with a warm sea salt body scrub Your Balinese massage is delivered using warm coconut oil to soothe and nourish. Concludes with a mini hydration facial booster.

2 HOURS - IDR 1,250++ | IDR 2,350++ per couple

## **KARMA RHYTHM**

Your mind-soothing facial massage with neck and shoulder release is delivered with organic oils.

45 MINUTES - IDR 700++

## **FEEL-GOOD FACIAL**

Unlock shoulder tension and ease into your holiday.  
45 MINUTES - IDR 750++ | IDR 1,350++ per couple

### **ME TIME**

A massage tailored specifically to your needs. The treatment duration, naturally, is also flexible.

60 MINUTES - IDR 750++

### **COOL IT**

Lay off the rays and grab a full body aloe application and mini hydration facial.

45 MINUTES - IDR 650++

### **MANI OR PEDI**

Look after your digitals and feel good about it. We use only organic, locally sourced products.

60 MINUTES - IDR 500++ each

## SEGARA 'MALAM' EVENING TREATMENTS

### **SUNSET SEGARA**

Finish the day and prepare for the evening ahead with a nourishing candlenut and coconut milk 'Santan Kelapa' body wrap, followed by an Intuitive Balinese Massage. Also includes a Feel-Good Facial, and Balinese-Mediterranean inspired dinner and vino under the stars.

4 HOURS - IDR 6,500++ per couple