# KSPA MAN

## WARM STONE BACK MASSAGE

Created to slow down your mind and ease you into balance. Depart relaxed and stress-free. 60 minutes - IDR 300++

## DEEP REPAIR FACIAL

This facial includes deep cleanse & exfoliation followed by nourishing masque and hydrating serum. 90 minutes - IDR 450++

# O<sup>™</sup> RETREAT

A Deep Calm Facial is delivered with generous neck and shoulder massage. Concludes with an express manicure or pedicure - all of which will leave you looking well-groomed and most importantly, feeling great. Full Body Massage Deep Calm Facial Pedicure or Manicure 2,5 hours - IDR 750++

# HOW TO SPA opening hours : 9-8pm

## HEALTH MATTERS

do let us know if you suffer any health conditions, high blood pressure, allergies, injuries or are pregnant.

## VALUABLES

we advise you not to carry any valuables with you during your spa visit. k spa accepts no responsibility for loss of valuables of any kind.

## TREATMENT PRICES

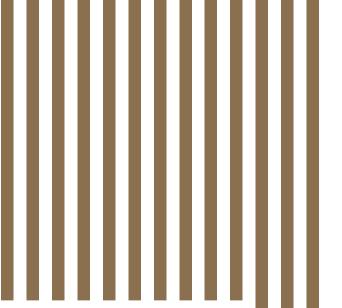
all treatments are subject to a 11% total of government tax and 10% service charge.

## CANCELLATIONS

please note that we require a minimum of three hours notice to cancel reservations otherwise a 50% cancellation fee will be charged. no shows will be charged the full price.

#### K SPA APOTHECARY

we offer a boutique collection of locally made skincare, body, bath & massage oils, pure handmade soaps, spiritual gemstones & mala bead jewelry.



KSPA @ RBBC Sanur Jalan Bay Pass Ngurah Rai no 500, Sanur, Bali T : (+62) (361) 281 717 | F : (+62) (361) 284 360 E : sanur@karma-spas.com | www.karmagroup.com Karma Spa

# TREATMENT MENU

fresh. raw. pure. balinese therapies and limited edition product lines. seasonal treatments ever changing and in rhythm with the climate & beauty of Bali. kspa offers treatments to soothe, nurture & cure. our spa team trains under the guidance of massage experts, health practitioners, reflexologists & reiki healers to deliver high-calibre treatments.

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Price are listed in '000' IDR & subject to 10% service charge & 11% government tax

# MASSAGE CURATIVES

HEAVENLY BALINESE MASSAGE

A deeply relaxing massage delivered with oils made from herbs, spices and essential oils grown in Bali. Our bodyworkers deliver a blend of techniques to return you to center. before your sacred massage. 75 minutes - IDR 350++ per person 90 minutes - IDR 400++ per person

#### ROYAL ENERGY MASSAGE

Mind-melting with lingering neck and shoulder massage and extra focus on your back area. this signature massage is co-created with renowned healer, Joko Tri Li, trained in Traditional Chinese Medicine. Karma bodyworkers press all the right points to boost circulation and wellbeing. 75 minutes - IDR 350++ per person 90 minutes - IDR 400++ per person

## DETOX CELLULITE MASSAGE

Our specially designed Detox Cellulite Massage makes sure there's no need to worry about having that extra cocktail or dessert. Gain the benefits of weight loss and cellulite reduction while enjoying 90 minute of pure bliss. 90 minutes - IDR 400++ per person

DEEP - WARM STONE MASSAGE

Deepen into relaxation as therapists massage warm stones over your whole body. the warmth from the stones soothes the soul and will leave you feeling calm and relaxed. 90 minutes - IDR 500++ per person

#### MUSCLE MELT REFLEXOLOGY

Mind-soothing leg & foot massage. Skillful acupressure. Warm ginger compress. Infusions of rare medicinal herbs. Concludes with a therapeutic Karma Wow neck & shoulder massage. Recommended for jet lag.

60 minutes - IDR 300++ per person

**RITUAL** time for self-nurture

## THE BALINESE JOURNEY

30 minutes | candlenut body scrub 30 minutes | Balinese boreh 60 minutes | heaven Balinese massage 30 minutes | Balinese spice bath 2,5 hours - IDR 750++ per person

### **ROYAL DETOX**

30 minutes | sea salt body scrub 90 minutes | detox cellulite massage 30 minutes | customised facial 2,5 hours - IDR 750++ per person

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# KSPA SIGNATURE TREATMENT

#### COLD AND FLU THERAPY

This healing therapy commences with a respiratory inhalation ritual infused with high-performance Essential Oils including Peppermint, Pine, Grapefruit and Eucalyptus to reduce coughing and asthma symptoms. Afterwards, relax with a full body scrub for the ultimate exfoliation. The highlight, a full body massage delivered with massage oils made from Lemongrass, Basil and Clove Bud, helps to reduce cold and flu symptoms as well as insomnia. Concludes with hot ginger tea for refreshment and comfort.

> 30 minutes | body scrub 90 minutes | healing massage 2 hours - IDR 600++ per person

> BEAUTY & GROOM let your inner light shine

# PEVONIA ORGANIC FACIAL

Restore a healthy skin balance with pure essential oil blends and rich multi-vitamin masks to restore freshness and radiance. Delivered with a deeply soothing neck, shoulder, scalp and facial massage to enhance results. 90 minutes - IDR 450++

#### POLISH - SPA MANICURES & PEDICURES

100% hygienic and well-executed. includes hand & foot soak & scrub, shape, file and polish. manicure | 60 minutes - IDR 300++ pedicure | 60 minutes - IDR 300++ nail art | 1 nail - IDR 10++

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# WAXING

We use the GIGI brand of soft nourishing honey wax that is very gentle and soothing for your skin. Our spa team of bodyworkers have been well-trained and deliver 100% hygienic high quality waxing services. FULL LEG 45 minutes - IDR 300++ HALFIFG 45 minutes - IDR 200++ FULL ARM 45 minutes - IDR 200++ HALF ARM 45 minutes - IDR 100++ UNDER ARM 45 minutes - IDR 100++ BACK 45 minutes - IDR 250++ CHEST 45 minutes - IDR 250++ FACE 45 minutes - IDR 150++ BRA7II IAN 45 minute - IDR 350++ **BIKINI LINE** 45 minutes - IDR 300++

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